



PARENTEACH
— INSTITUTE —



FY 2024 Impact Report

From Vision to Reality: Highlights from Year One of ParentTeach Institute

A Teacher's Call to Action

Dear Friends of ParentTeach Institute,

Teaching young people about children, families, and communities lies at the core of Family and Consumer Sciences (FCS) as a discipline. I have been an FCS teacher for 13 years, educating thousands of students about child development, parenting, and early childhood education. Over the years, I have received countless messages from former students who have applied the skills and knowledge they gained in their personal and professional lives. As a mother of school-aged children, I am very aware of my privilege as a parent with this knowledge base and am committed to educating as many future caregivers and professionals as possible. As an experienced professional, I've always felt that we have an educational gap not requiring all students to learn about caregiving, communication, and guidance.

Three years ago, I was asked to be part of a pilot with **ParentTeach's ParentABLE** curriculum and discovered ParentABLE fills this gap in a guaranteed and viable way by providing a framework to deliver core concepts to all students. ParentABLE is a curriculum that teachers from any discipline can incorporate into their classroom and during the three years I have taught ParentABLE, it has allowed my students to embark on a lifelong journey of learning about appropriate caregiving. It is a crucial first step for students to reflect on their own lives and contemplate their future roles as caregivers. **I firmly believe that every student in our nation would benefit from a requirement to take a course on human relationships that includes positive parenting and child development, like ParentABLE.** I am forever grateful for being asked to be a part of this pilot program, and I can't wait to see where ParentTeach takes us next.

-Courtney Pesha
Family and Consumer Sciences Teacher (CTE)
Education Pathway Coordinator
Homewood Flossmoor



Our parenting & caregiving programs meet people where they are; providing current parents with immediate skills and support and equipping future parents and caregivers for their roles ahead.

ParentABLE

ParentTeach Institute trains high school educators how to deliver ParentABLE's 6.5-hour positive parenting and caregiving curriculum to their students, helping them develop a foundational understanding of positive parenting and caregiving practices.

Parenting Essentials (Plus)

Parenting Essentials is a web-based, self-guided course that delivers a series of eight positive parenting and caregiving videos, along with handouts and quizzes that provide useful tips and tools that parents/caregivers can put into practice immediately. Parenting Essentials Plus expands on these competencies and includes a facilitator-led, in-person support group where caregivers can discuss the lessons and receive additional guidance.

Parenting Fundamentals

Parenting Fundamentals is an eight week series of classes, offered in both English and Spanish, that provides parents with instruction in positive parenting skills, support, personal consultations, and referral information.



ParentABLE: integrating essential parenting and caregiving curriculum into every high school

At the end of the unit, students are asked to write a letter to their future selves. Here are some of their responses:

Hello Craig,

This is your past self explaining to you how to be a positive parent/caregiver when you have children. To be a positive parent you need to be patient. If you can, try and give your child lots of physical attention that a child needs. Also, try and set clear limits on your kids behavior. Don't let them do everything they want, and try and make boundaries. And lastly don't forget to take care of yourself through it all.

Dear Kinlee,

Being a positive parent might be challenging at times, but not impossible. Firstly, take into mind the PARENTS strategy when trying to be a good parent. Remembering those will help along the way when guiding the child into a good future. Speaking of future, you also need to think about ACEs, which basically are things that formulate your child. The way you parent has an effect on your kid, and long-term effects can happen--such as spanking, yelling, threatening, etc. In the end, memorizing these things will help form a great person as they get older.

Bringing ParentABLE to Cook County Department of Corrections: Universal Parenting Education in Action

Building healthier families means supporting society's most challenged parents, including incarcerated parents. This year we piloted ParentABLE in both the veteran's ward and the women's ward at Cook County Department of Corrections.



ParentABLE On-Demand: Supporting parents wherever and whenever

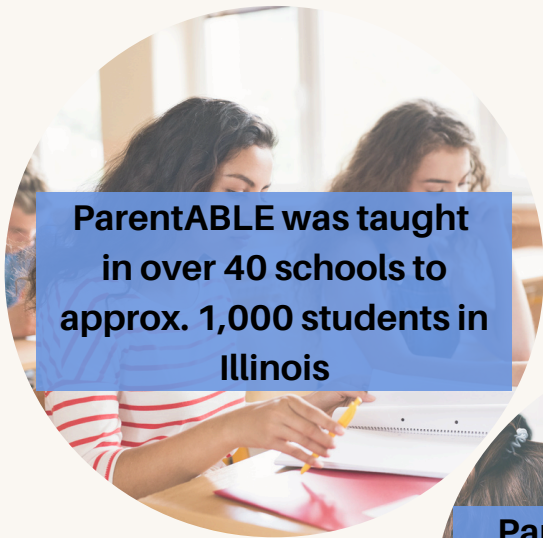
We understand that being a parent is time-consuming, which is why we created a fully online program for parents to complete on their own timeline.



Click the photo to
watch the promo and
learn more



Growth by Numbers



ParentABLE was taught in over 40 schools to approx. 1,000 students in Illinois



Parenting Essentials was taught in 4 states to over 2,000 parents

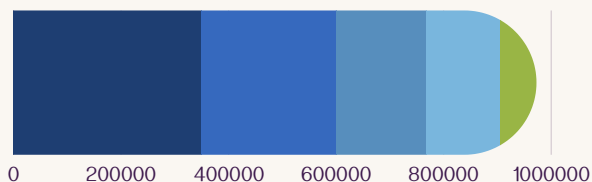


Parenting Fundamentals was taught in 24 series to 152 caregivers in Puerto Rico

In 2023, after 3 ½ years as a social purpose business, ParenTeach made the exciting decision to establish a new entity, ParenTeach Institute [PTI]. With the support of the Hewlett Foundation and seed funding from the LLC, this 501c3 nonprofit was created to carry out the mission and vision of the organization. This entity is now governed by an engaged and dedicated board of directors and has already received funding from significant government and foundation partners.

Revenue Sources

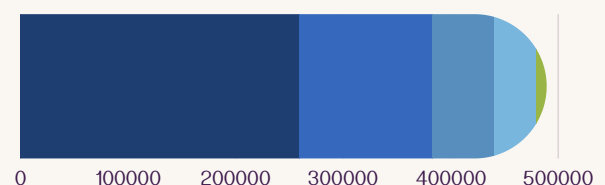
\$972,738



- Government Grants
- Foundation Grants*
- Earned Income
- Seed Fund
- Community Giving

Expenses

\$546,674



- Programs
- Curriculum Development
- Technical constituent support
- Fundraising & Communications
- Marketing & Outreach

*Some funds received in FY24 are to be spent in FY25
These results are pending audit

Looking to the Future

At ParenTeach Institute, we provide an efficient, cost-effective way to deliver universal access to evidence-based, trauma-informed parenting and caregiving education.

Join us in helping to break the cycle of unintentional harmful parenting and caregiving by donating to ParenTeach Institute. Your contribution will help foster healthier individuals, families, and communities!

Visit www.parenteach.org/pages/donations to make a gift. Thank you!

On November 1st, we hosted our first fundraiser for ParenTeach Institute where we screened our ParentABLE Documentary. Click on the picture below to view our events page



Thank You to Our Partners and Donors:

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